

# Social Work A to Z

## *What Can I Do With A Social Work Degree?*

**Social work** is an academic discipline and practice-based profession concerned with meeting the basic needs of individuals, families, groups, communities, and society as a whole to enhance their individual and collective well-being. Social workers practice in a wide variety of settings and work across three scales or levels to create change – macro, mezzo, and micro.

1. **Macro** – systemic/large-scale interventions and advocacy
2. **Mezzo** - direct intervention and support to large groups, communities, and organizations
3. **Micro** – direct interventions with individuals, families, and small groups

### Social Work A to Z Lists

- I. Fields of Social Work
- II. Social Work Job Titles
- III. Social Work Skills and Qualities

# Social Work A to Z

*You are a brand and your career is your business.*

*- Nicki Sanders, MSW*

## **Nicki Sanders Leadership Consulting's social work career coaching framework:**

- Define social work career success on your own terms
- Social workers do not take a vow of poverty
- Social work skills are high-income skills
- Social work skills are highly transferable

**Coaching:** The On My Terms 10-session Leadership Development Program helps high-performing women of color in social work leadership walk in their power, honor their achievements, build their professional network, and level up in their careers. APPLY today or schedule a 15-minute consultation.

**Collaboration:** I challenged myself to think of a field of social work for each letter of the alphabet. It was hard to think of social work career fields that begin with the letters K, Q, W, X, Y, and Z, but with collaboration from social workers on LinkedIn, we completed the career list. See page 3.

## Fields of Social Work A to Z

- A - Agricultural Social Work
- B - Bioethical Social Work
- C - Corporate Social Work
- D - Development and Fundraising
- E - Environmental Social Work
- F - Forensic Social Work
- G - Gerontology
- H - Higher Education
- I - International Social Work
- J - Juvenile Justice Social Work
- K - Kinesiology Social Work (Just learned there are graduate schools offering dual degree programs to expand the field of adventure therapy)\*
- L - Labor Movement Social Work
- M - Military Social Work
- N - Nephrology Social Work
- O - Occupational Social Work
- P - Public Health Social Work
- Q - Quality and Compliance (Thank you Yuen Tung Pham)\*
- R - Reproductive Justice Social Work
- S - Sports Social Work
- T - Tribal Social Work
- U - Urology Social Work
- V - Veterinary Social Work
- X - Xactimate Specialist (Uses software to provide detailed insurance cost estimates for repair and rebuilding projects following a disaster)\*
- Y - Youth Justice Social Work (Thank you Laura Reid)\*
- Z - Zoning (Community Planning and Development)\*

This is not an exhaustive list.

## Social Work Job Titles A to Z

- A - Adoption Specialist
- B - Benefit Corporation Officer
- C - Community Economic Development Director
- D - Domestic Violence Shelter Coordinator
- E - Eligibility Specialist
- F - Family Support Worker
- G - Grant Writer
- H - Head Start Manager
- I - Immigration Counselor
- J - Job Developer
- K - Knowledge Coordinator
- L - Life Skills Facilitator
- M - Military Social Worker
- N - Neonatal Social Worker
- O - Outreach Coordinator
- P - Patient Navigator
- Q - Quality Assurance Coordinator
- R - Recreation Specialist
- S - Student Affairs Coordinator
- T - Therapist
- U - Urban Planner
- V - Vocational Rehabilitation Counselor
- W - Workforce Development Coordinator
- X - eXpert (Xamarin Developer, Professor, Psychotherapist, Executive Director, and everything in between)
- Y - Youth Corrections Officer
- Z - Zumba Instructor

This is not an exhaustive list.

## Social Work Skills and Qualities A to Z

- A - Advocacy and Assessment
- B - Balance and Boundary Setting
- C - Critical Thinking and Collaboration (See page 3)
- D - Dependability and Digital Literacy
- E - Empathy and Evaluation
- F - Flexibility and Focus
- G - Grant Writing and
- H - Humor and Humility
- I - Innovation and Interviewing
- J - Justice and Joy
- K - Kind and Knowledgeable
- L - Listening and Leadership
- M - Multiculturalism and Management
- N - Nonjudgment and Needs Assessment
- O - Observation and Objectivity
- P - Patience and Problem-Solving
- Q - Questioning and Qualified
- R - Reframing and Resilience
- S - Self-Awareness and Self-Care
- T - Time Management and Termination
- U - Understanding and Unselfish
- V - Values and Versatility
- W - Willingness and Wisdom
- X - eXceptional and eXpressive
- Y - Yearning and Youthful
- Z - Zealous and Zest

This is not an exhaustive list.