



# NICKI SANDERS, MSW

Coach | Speaker | Facilitator

**Social Work Career Empowerment Coach** for high-performing Women of Color in social work leadership. I help Women of Color social work leaders achieve career fulfillment by getting clear on what they want, elevating their confidence, and centering their accomplishments. I am passionate about helping Women of Color social workers honor their achievements, stand in their power, and position themselves to go from overworked, underpaid, and unappreciated to energized, well-paid, and appreciated.

## EDUCATION

Nicki is an adjunct professor at Trinity Washington University, where she earned her Bachelor of Arts degree in Sociology. She earned her Master of Social Work degree from the University of Maryland, Baltimore, School of Social Work with a concentration in Management and Community Organization and a specialization in Social Action and Community Development.

## COACHING

**On My Terms 10-session Leadership Development Program** helps high-performing women of color in social work leadership embrace their power, acknowledge their career assets, build their professional network, and level up in their careers.

## SOCIAL WORK A to Z LISTS

Wondering what you can do with your social work degree?

**DOWNLOAD:** Social Work A to Z Lists at <https://nickisanders.com/resources>

## PHILOSOPHY

- A social work degree from an accredited institution makes one a social worker
- Define social work career success on your own terms
- Mezzo and macro social work are just as important as micro social work
- Social workers do not take a vow of poverty
- Social work skills are high-income skills
- Social work skills are highly transferable
- Professional burnout is not a rite of passage

## CONTACT

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**Nicki Sanders**  
*Leadership Consulting*

## BURNOUT PREVENTION

### **You Can't Pour from An Empty Cup: Self-Love, Self-Care and Self- Preservation for Women in Social Work**

Affords time to disconnect our worth from our work, center our personal and professional needs, honor our unique paths, define social work career success for ourselves, and prioritize our own wellness.

## CAREER ACCELERATION

### **Social Work Your Social Work Career**

The opportunities to excel in social work are vast, yet, social workers often feel confusion and intimidation about building a long-term successful social work career. My Strategic Career Management framework is used to determine how to incorporate social work skills and training into the career advancement process and overcome potential barriers to career advancement that traditional social work education, training, and philosophies can present.

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## **Strategic Career Management**

The lifelong process of investing resources into your career to maintain or increase your value in the workplace, undertake work that is personally satisfying, strive for work/life balance, and achieve financial security. The 3 pillars in my Strategic Career Management framework are clarity, credibility, and congruency.

## STUDENTS

### **Social Work for L.I.F.E.**

Explores the richness and diversity of the social work profession. Examines myths about the field, strategic career management framework, and how to begin to build a life-long career in social work that is purposeful, powerful, and prosperous.

### **Joining the Social Work Profession: Job Searching for Success**

Focuses on the transition from student to professional. Highlights outdated job search practices, professional branding, and the diversity of opportunities in the field of social work.

## BOOK NICKI



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