

SOCIAL WORK MONTH 2024 SOCIAL WORK TIP OF THE DAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dismantling the outdated, narrow view of social work so that social workers are empowered to believe they can do anything they want to do professionally with their degrees. Transforming the social work profession by elevating our expectations, building our brands, and positioning our power.					1 Define social work career success on your own terms	2 Social workers do not take a vow of poverty
3 Professional burnout is not a social work rite of passage	4 Social work skills are highly transferable	5 Social work skills are high-income skills	6 Social work is political	7 Social workers can align our work with our values	8 Social workers deserve to do work that feeds our hearts, minds, and wallets	9 Being overworked is not a badge of honor
10 It's not bragging if it's true	11 Macro, mezzo, and micro social work are all real social work	12 You always have the option to change course	13 Always prioritize your personal and professional safety	14 Don't work harder for your clients than they are willing to work for themselves	15 Expect to be paid well for your education, experience, and expertise	16 The VA is not the only government agency that hires social workers
17 No one needs you more than you need you	18 You are more than a social worker	19 Your employer controls your salary, not your worth	20 Social work your social work career	21 Be aware of unequal power dynamics	22 Honor your boundaries	23 Your mindset is as important as your skillset
24 Practice consistent, quality self-care	25 Lead like a social worker	26 You are a brand, and your career is your business	27 Advocate fiercely for yourself	28 Give yourself credit	29 You are your only competition	30 Document it, because it happened
31 You can social work differently	Nicki Sanders, MSW, Social Work Career Empowerment Coach Nicki Sanders Leadership Consulting <ul style="list-style-type: none"> ○ @NickiSandersCEO – Facebook, Instagram, and YouTube ○ Web: nickisanders.com 					